

Can I?



REFLECTION FROM WITHIN

A moment to pause and reflect on where I am.

*There are moments when the noise begins to fade,
and somewhere beneath it, a whisper remains.
I pause long enough to listen.*



In the quiet of my mind, what is asking for my attention?

*Possibilities linger within the quiet depths of my mind.
Some return again and again, waiting for a moment to be heard.*



When I am uncertain, where does my curiosity whisper?

*The familiar is a trusted friend, yet somewhere within,
a whisper invites me beyond what I already know.*



If yes were my answer, what possibilities would I explore?

*The path may be shrouded in clouds, but I can lift my lantern
and gently step toward what waits beyond what I can see.*



One step... is it too much to ask of myself?

*I do not need to see the road ahead.
Perhaps today, one step is enough.*

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